

Congratulations to the winners of the Swimming Gala 2023

Girls

Events	Champions	1st Runners-up	2nd Runners-up
Age 6 & under 25M Kicking	Lisa Tsoi 蔡焯喬 [34"68]	Hania Wan 溫舜然 [34"81]	Alison Chan 陳彥晴 [43"57]
Age 6 & under 25M Breaststroke	Amber Chiu 趙崇暄 [33"83]	Alison Chan 陳彥晴 [41"96]	
Age 6 & under 25M Freestyle	Lyndon Hung 洪國熹 [24"38]	Amber Chiu 趙崇暄 [34"38]	Alison Chan 陳彥晴 [1'23"60]
Age 7-9 25M Kicking	Alegria Fung 馮奕希 [26"71]	Audrey Wong 黃曦妍 [28"41]	Kailey Tsoi 蔡幸喬 [29"32]
Age 7-9 25M Breaststroke	Alicia Chiu 趙崇澄 [29"33]	Beatrix Lo 盧在山 [33"16]	Alegria Fung 馮奕希 [33"71]
Age 7-9 25M Backstroke	Alicia Chiu 趙崇澄 [23"81]	Kailey Tsoi 蔡幸喬 [33"77]	Adeline Ho 何思瑜 [38"26]
Age 7-9 25M Freestyle	Alicia Chiu 趙崇澄 [19"62]	Adeline Ho 何思瑜 [27"14]	Alegria Fung 馮奕希 [27"21]
Age 7-9 50M Freestyle	Alicia Chiu 趙崇澄 [45"12]	Alegria Fung 馮奕希 [1'00"70]	Audrey Wong 黃曦妍 [1'02"52]
Age 10-12 25M Freestyle	Alexa Chan 陳彥彤 [17"21]	Sabrina Lau 劉泳廷 [17"27]	Lee Chung Ling 李頌翎 [17"93]
Age 10-12 25M Breaststroke	Alexa Chan 陳彥彤 [21"94]	Sabrina Lau 劉泳廷 [22"64]	Lee Chung Ling 李頌翎 [25"20]
Age 10-12 25M Backstroke	Sabrina Lau 劉泳廷 [22"05]	Lee Chung Ling 李頌翎 [22"66]	Alexa Liu 廖讚迦 [31"33]
Age 10-12 25M Butterfly	Sabrina Lau 劉泳廷 [20"84]	Alexa Chan 陳彥彤 [22"76]	Lee Chung Ling 李頌翎 [24"37]
Age 10-12 50M Freestyle	Alexa Chan 陳彥彤 [42"46]	Alexa Liu 廖讚 [53"55]	
Age 10-12 50M Butterfly	Sabrina Lau 劉泳廷 [48"05]	Alexa Chan 陳彥彤 [53"90]	

Boys

Events	Champions	1st Runners-up	2nd Runners-up
Age 7-9 25M Kicking	Rayden Wong 黃樂津 [26"17]	Bryan Ma 馬子仁 [39"49]	Aiden Tam 譚梓洛 [46"02]
Age 7-9 25M Freestyle	Duncan Hung 洪國耀 [20"36]	Rayden Wong 黃樂津 [27"04]	Wong Wang Hei 黃泓偉 [27"17]
Age 7-9 25M Breaststroke	Duncan Hung 洪國耀 [31"67]	Rayden Wong 黃樂津 [33"03]	Ethan Liu 黎浩勤 [34"10]
Age 7-9 25M Backstroke	Duncan Hung 洪國耀 [25"66]	Rayden Wong 黃樂津 [32"98]	
Age 7-9 50M Freestyle	Duncan Hung 洪國耀 [46"00]	Ethan Liu 黎浩勤 [1'11"77]	
Age 10-12 25M Freestyle	William Mak 麥正令 [21"79]	Jonas Ho 何思齊 [23"66]	Damian Tam 談承晉 [23"94]

Age 10-12 25M Breaststroke	Miles Chan陳榮曜 [27''86]	William Mak麥正令 [28''90]	Damian Tam談承晉 [30''29]
Age 10-12 25M Backstroke	Stephen Tsoi蔡嘉煊 [31''82]	Jonas Ho何思齊 [23''66]	
Age 10-12 50M Freestyle	Damian Tam談承晉 [58''36]	Jonas Ho何思齊 [58''38]	
Age 10-12 50M Breaststroke	Miles Chan陳榮曜 [59''56]	Damian Tam談承晉 [1'15''63]	

Men

Event	Champion	1st Runner-up	2nd Runner-up
Age 19-34 50M Freestyle	Lao Tsz Lok劉子樂 [27''75]	Kelvin Choi蔡曉陽 [28''88]	Chris Choi蔡曉風 [30''62]
Age 19-34 50M Breaststroke	Lao Tsz Lok劉子樂 [42''34]	Robin Leung梁俊諺 [44''29]	Chris Choi蔡曉風 [45''23]
Age 19-34 50M Butterfly	Lao Tsz Lok劉子樂 [33''93]	Kelvin Choi蔡曉陽 [48''07]	
		Chris Choi蔡曉風 [48''07]	
Age 35-49 50M Freestyle	Ryan Lau劉啟聰 [32''94]	Anthony Chan陳定邦 [43''46]	Danny Tam談志豪 [50''08]
Age 35-49 50M Breaststroke	Ryan Lau劉啟聰 [32''94]	Henry Koo顧家麟 [52''03]	Danny Tam談志豪 [53''67]

Family Relay Events

Event	Champions	1st Runners-up	2nd Runners-up
2 x 25M Family Relay	Sabrina Lau劉泳廷 Jeff Lau劉德威 [35''54]	Alexa Chan陳彥彤 Kingsley Chan陳厚毅 [37''75]	Lee Chung Ling李頌翎 Ronald Lee李堤業 [40''30]

Open Relay Events

Event	Champions	1st Runners-up	2nd Runners-up
2 x 25M Open Relay	Lao Tsz Lok 劉子樂 Lao Tsz Yuet劉芷悅 [27''75]	Annika Shum 沈穎賢 Annette Shum 沈穎哲 [34''97]	Jeffery Wan 溫庭輝 Pang King Sun [36''22]

Individual Champions

Girls

Age Groups	Champions
6 & under	Amber Chiu 趙崇暄
7 - 9	Alicia Chiu 趙崇澄
10 - 12	Alexa Chan 陳彥彤
	Sabrina Lau 劉泳廷

Boys / Men

Age Groups	Champions
7 - 9	Duncan Hung 洪國耀
10 - 12	Damian Tam 談承晉
19 - 34	Lao Tsz Lok 劉子樂
35 - 49	Ryan Lau 劉啟聰